

# IMPORTANT INFORMATION FOR TEXAS CONSUMERS

## NOTICE CONCERNING RECORDS REQUESTS

You have the right to access your health care records. Texas law requires that requests for mental health records be in writing. To obtain your records, or your child's records from our practice, please contact Dr. Christy Stammen directly either by email ([christy@drstammen.com](mailto:christy@drstammen.com)) or by phone (972-509-2611 X3).

## NOTICE CONCERNING COMPLAINTS ABOUT YOUR MENTAL HEALTH THERAPIST

You can report any complaints for investigation about your mental health therapist to the Texas Behavioral Health Executive Council (BHEC) by submitting the complaint on an approved complaint form downloaded from:

[bhec.texas.gov/how-to-file-a-complaint](http://bhec.texas.gov/how-to-file-a-complaint)

You may also call or write and request the complaint form be mailed to you:

**Texas Behavioral Health Executive Council**

**Attention: Enforcement**

**1801 Congress Ave., Ste. 7.300**

**Austin, Texas 78701**

**(512) 305-7700 or 24-hour, toll-free system: (800) 821-3205**

## NOTICE CONCERNING COMPLAINTS ABOUT THE PRIVACY AND SECURITY OF YOUR HEALTH INFORMATION

You can file a consumer complaint regarding the privacy and security of your health information by contacting the Texas Office of the Attorney General and filing a consumer complaint via:

[www.texasattorneygeneral.gov/consumer-protection/health-care/patient-privacy](http://www.texasattorneygeneral.gov/consumer-protection/health-care/patient-privacy)

**or call (800) 621-0508**